



## **ANDHRA PRADESH STATE COUNCIL OF HIGHER EDUCATION**

(A Statutory body of the Government of Andhra Pradesh)

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Atmakur (V), Mangalagiri (M), Guntur-522 503, Andhra Pradesh  
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**SYLLABUS OF**

## **PERSONALITY ENHANCEMENT AND LEADERSHIP**

**AS PART OF**

**LIFE SKILL COURSES**

**UNDER CBCS FRAMEWORK WITH EFFECT FROM 2020-2021**

**PROGRAMME: FOUR-YEAR UG HONOURS PROGRAMME**

**A.P. STATE COUNCIL OF HIGHER EDUCATION**  
**B.A., B. Com & B. Sc Programmes**

**Revised CBCS w.e.f 2020-21**

**LIFE SKILL COURSE**

**Personality Enhancement & Leadership**

Total 30 hrs (02 h/wk, 02 Cr & Max 50 Marks)

**Learning Outcomes:**

By successful completion of the course, students will be able to:

1. Develop comprehensive understanding of personality
2. Know how to assess and enhance one's own personality
3. Comprehend leadership qualities and their importance
4. Understand how to develop leadership qualities

**Syllabus:**

**Unit – I:**(7 hrs)

Meaning of Personality – Explanations of Human Personality – Psychodynamic Explanations – Social Cognitive Explanation – Big Five traits of Personality

**Unit – II:** (8 hrs)

Assessment of Personality - Projective & Self Report Techniques - Building Self-Confidence – Enhancing Personality Skills

**Unit – III:**(10 hrs)

Leadership Characteristics – Types of Leaders – Importance of Leadership – Leadership Skills – Building and Leading Efficient Teams – Leadership Qualities of Abraham Lincoln, Mahatma Gandhi, Prakasam Pantulu, Dr. B. R. Ambedkar & J.R.D.Tata

**Co-curricular Activities Suggested:** (05 hrs)

1. Assignments, Group discussions, Quiz etc
2. Invited Lecture by a local expert
3. Case Studies (ex., on students behavior, local leaders etc.)

**Reference Books:**

- Girish Batra, Experiments in Leadership, Chennai: Notion Press, 2018
- Mitesh Khatri, Awaken the Leader in You, Mumbai: Jaico Publishing House, 2013
- Carnegie Dale, Become an Effective Leader, New Delhi: Amaryllis, 2012
- Hall, C.S., Lindzey. G. & Campbell, J.B Theories of Personality. John Wiley & Sons, 1998

**MODEL QUESTION PAPER & PATTERN**

**Max Marks: 50**

**Time: 1 ½ hr (90 Min)**

**SECTION A** (Total: 4x5=20 Marks)

(Answer any **four questions**. Each rewsna carries **5 marks**  
(At least **1 question** should be given from each Unit)

1.	
2.	
3.	
4.	
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6.	
7.	
8.	

**SECTION B**

(Total: 3x10 = 30 Marks)

(Answer any **three questions**. Each rewsna carries **10 marks**  
(At least **1 question** should be given from each Unit)

1.	
2.	
3.	
4.	
5.	
6.	

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SUBJECT COMMITTEE MEMBERS

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