

## SIX DAYS TRAINING PROGRAMME ON SOFT SKILLS

A six days training programme on soft skills was organised by our college Jawahar Knowledge Centre and English Department in association with APITA & Nandi Foundation from 29<sup>th</sup> November 2021 to 4<sup>th</sup> December 2021. The Resource persons for this programme were Sri. B. Anjaneeyulu and Sri. Y. Muralidhar from Nandi Foundation. Soft skills refer to both character traits and interpersonal skills that will influence how well a person can work or interact with others. The term soft skills cover a wide range of skills as diverse as teamwork, time management, empathy and delegation. These skills make it easier to form relationships with people, create trust and dependability, and lead teams. By developing strong leadership, delegation, teamwork, and communication abilities, we can run projects more smoothly, deliver results that please everyone and even positively influence our personal life by improving how we interact with others. They help to build friendship groups and meet potential partners. Hence, Soft skills are useful both in our professional and personal lives.

The Programme was very fruitful, enriching and at the same time enlightening to the students. At the end of this training the students were able to overcome their stage fear, prepare a flaw less resume, express themselves clearly before a large audience, do teamwork without any kind of inhibition, inculcate leadership qualities, gain self-confidence, understand the need to respect others and their feelings, learn how to get ready for an interview, realize the importance of time and money.

