

# V.S.R. Government Degree & P.G. College

NAAC Reaccredited with a CGPA of 3.01 score at 'A' Grade

(Affiliated to Krishna University)

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**2021-22**

## Women Empowerment Cell Programs on Gender Equity

### Sankranthi Fest (06,07-01-2022)

#### FOOD FEST – ON THE OCATION OF SANKRANTHI

An amazingly mouthwatering Food Fest was jointly organized by the college Women Empowerment Cell and Cultural Club as a part of Sankranthi celebrations on 6 January 2022. The girl students very enthusiastically participated in the Food Fest. The objective of this Food Fest was to promote the habit of consuming healthy food and also make the students aware of the harmful effects of junk food which leads to low life expectancy. The competition showcased various organic, ethnic and traditional food items. Our college principal, Dr.S.Madhavi appreciated the initiative of the students.

It was a memorable day, we all got the opportunity to enjoy the delicious and healthy food. The Food Festival was really a beautiful platform for those who love both eating and cooking.



## RANGOLI MAKING COMPETITION

Rangoli is an ancient art and timeless tradition that is followed all over India. In order to develop skills of aesthetics, creativity and innovation among the students, a Rangoli making competition was organized by our college Telugu Department in collaboration with Women Empowerment Cell on 7<sup>th</sup> January 2022. Students participated in this competition with great enthusiasm and vigour. Participants made creative and colourful Rangolis to initiate a festive ambience and depicting Sankranti theme. They used eco-friendly materials like sand, salt, grains, flowers etc and put up their artistic skill on display. In this one hour long competition, the students tried to prove their talent in their best possible way. The adjudicators had to face tough time to judge the competition. Competitions like Rangoli making are necessary for students to introduce Indian culture. It was an assortment of colours at its best.



## National Women Parliament at Acharya Nagarjuna University (04-03-2022)

### National Women's Parliament

National Women's Parliament (NWP) provides a platform for women from diverse background to highlight and discuss their gender specific issues. Women from politics, social sector, education, sports, corporate, media, arts and culture, judiciary and young aspiring girl students come together to stage their experiences, share knowledge and research in the area of women's social economic and political empowerment. The theme of National Women's Parliament is to **enlighten the women on Laws and Acts.**

The Andhra Pradesh Women's Commission was set up to improve the status of women and adolescents in the state to enquire into unfair practices affecting women and girl children and for matters connected therewith or incidental thereto.





Women in association with Women's Commission has organised "National Parliament for Women" on 4<sup>th</sup> March 2022. Our college students D. Naga Lakshmi, J. Amrutha and D. Pallavi of I B.Com, D. Usha Rani of III B.Sc along with Women Empowerment Member Smt. K.R. Manjula, Lecturer in Chemistry participated in this National Women's Parliament held at Acharya Nagarjuna University in Guntur District.

Mahila Commission chairperson Vasireddy Padma presided over the programme. The honourable Home Minister and Disaster Management Minister Smt. Mekathoti Sucharita and the honouable Vice Chancellor of Acharya Nagarjuna University Professor Rajasekhara Patteti participated in this event.

Students from different colleges, NGO's, Representatives of various organisations performed cultural shows on Women Empowerment, safety of Girls and Women and created awareness on Laws and Acts related to safety of Women.

Safety of Women and Girls, Enhancement of age for marriage, Sexual harassment at work place, Domestic violence Act, Protection Offences of Children from Sexual Offences(POCSO) Act, Women Empowerment, Disha Bill, Women Trafficking, Disha App, Gender Inequality were the topics discussed in the National Women's Parliament.



## International Women's Day (08-03-2022)

### International Women's Day

International Women's Day will be celebrated across the world every year on March 8, to mark the social, economic, cultural, and political achievements of women. For 2022, the UN given theme is “**Gender equality today for a sustainable tomorrow**”, which aims to recognise women who are working to build a more sustainable future.



The college Women Empowerment Cell in association with IQAC celebrated “**International Women's Day**” with enthusiasm zeal and fanfare as a part of Institutional Special Day Celebration to cherish the womanhood. Total 150 girl students and all the Women staff participated in this programme. Our Principal Dr. S. Madhavi chaired the session and addressing the large gathering of womenfolk said that asserting that gender equality is not only a fundamental human right but a necessary foundation for a peaceful, prosperous and sustainable world. World is changing the women are taking up every field and making their contribution at all levels. She inspired all the Girl students to achieve their dreams.

Dr. Soumya Bandila MBBS, DGO, MS (UK), Consultant Gynecologist and Obstetrician, Advanced Laparoscopic Surgeon, Fertility specialist & Sonologist was the Chief Guest for this programme. Speaking on this occasion she explained the four stages of a women's life that is Childhood, Adolescence, Menopause and Elderly state in a very detailed manner. She stressed on the adolescence problems and urged the students to take care of five things which make them strong both mentally and physically. She advised the students:

1. To take proper food.
2. To consume required quantities of water.
3. To have 6-8 hours of sufficient sleep.
4. To do exercises daily.
5. To Practice Stress Management.

In a lively interactive session she addressed all the queries of the students. Competitions like Essay Writing, Debate, Mehendi making, Drawing and Painting, Hair Styling were held on this occasion.



## Gender sensitization program (01-04-2022)

### GENDER SENSITIZATION PROGRAM

A Gender Sensitization Program was organized by our college Women Empowerment Cell in association with IQAC on 1 April 2022. The resource person K.Durga Prasad Rao, Sub Inspector of Police, Kuchipudi Police Station instilled positive thoughts on gender issues, given the real life examples on gender related issues that had happened recently and urged every student not to practice gender discrimination. He explained the difference between sex and gender which are two distinct words with different meanings. He also created awareness on the usage of Disha App. The objective of this workshop is to educate young women on Gender sensitization and to provide a safe forum for discussion and solutions creating a gender sensitive society.



## Legal awareness program (30-04-2022)

### LEGAL LITERARY CAMP

On 30 April 2022 our college Women Empowerment Cell in collaboration With IQAC organised a Legal Literary camp. Sri. P. RajanUday Prakash, Junior Civil Court Judge, Movva, gave valuable inputs on **Sections 354** (Assault or criminal force to woman with intent to outrage her modesty) **354A** (Sexual harassment and punishment for sexual harassment )



**354B** (Assault or use of criminal force to woman with intent to disrobe) **354C** (This article covers the details of **Section 354C** of IPC, which is also called Voyeurism and the section provides punishment for Voyeurism) **354D** (Stalking behaviors are interrelated to harassment and intimidation and may include following the victim in person or monitoring them.) Indian Penal Code, 1860. Section 509 Indian Penal Code, 1860. (Word, gesture or act intended to insult the modesty of a woman shall be punished with simple imprisonment for a term which may extend to one year, or with fine, or with both) He also explained the philosophy behind the legal marriage 21 years for girls. In this lively interactive session he answered all the queries of the girl students and said that there are many laws to protect women and it is their prime responsibility to be aware of those laws.





## Awareness Campaign on Breast Cancer (04-07-2022)

### AWARENESS CAMPAIGN ON BREAST CANCER

An Awareness Campaign on Breast Cancer has been conducted through pamphlet distribution by I B.Com girl students under the guidance of Dr.A.V.V.V. Malleswaramma, the mentor of the section. The pamphlet was designed by our Principal, Dr.S.Madhavi, with the help of some senior women faculty. The students distributed pamphlets with dedication and explained the women on how to detect breast cancer and what are the precautions that they need to be taken. The villages covered were Kondavaram, Ghantasala Palem, Challapalli, Pamarru, Batlapenumarru and Pedamukhtevi. Total 10 students participated in this Awareness Campaign.

